

Adult support and protection “3 point test”: What to consider

People who are aged 16 or over and:

- **Criteria 1**: Is unable to safeguard their own property; rights; welfare and other interests

Consider the following:

Does the individual recognise that there is a problem? Are they able to identify and communicate this to another trusted person? Can they say no; or act to stop the situation. Is another individual pressurising them to do something against their will; or to act in a way that is detrimental to their wellbeing.

- **Criteria 2**: Is at risk of harm

Consider the following:

Different types of harm – note this is not an exhaustive list:

- Sexual harm: rape; sexual assault; sexual violence; indecent images being taken.
- Self-neglect: is the individual failing to take care of themselves; their property; finances.
- Neglect; are they being neglected by another person e.g. family; friends or care provider
- Financial harm; is the person being financially exploited? Is their money being stolen or withheld; is their money being managed by another without the proper legal authority e.g. power of attorney; financial guardianship; DWP appointeeship
- Physical harm – violence
- Self-harm: cutting; overdosing; risky behaviours.
- Psychological harm – coercive control; emotional abuse; verbal abuse
- Other types of harm: FGM; forced marriage; honour-based violence.

- **Criteria 3**: Is more vulnerable to harm due to disability; mental disorder, illness; physical or mental infirmity.

Consider the following:

Is there any mental disorder e.g. dementia; schizophrenia; bipolar; depression or anxiety or physical disability e.g. mobility issues.

If you are concerned or unsure, please phone 0800 731 5520 or go to Aberdeen City Council website to complete an [Adult support and protection reporting form](#).